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### Determination of $\gamma$ -Aminobutyric Acid in the Mouse Hypothalamus and Hippocampus Using Liquid Chromatography/Electrochemistry

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**DETERMINATION OF  $\gamma$ -AMINO BUTYRIC ACID  
IN THE MOUSE HYPOTHALAMUS AND  
HIPPOCAMPUS USING LIQUID  
CHROMATOGRAPHY/ELECTROCHEMISTRY**

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ABSTRACT

A method is described for the rapid detection and measurement of  $\gamma$ -aminobutyric acid (GABA) in crude extracts of mouse brain. This study includes optimisation of the pre-column derivatization of GABA by o-phthalaldehyde in the presence of ethylmercaptan as well as of the chromatographic and electrochemical conditions. The GABA levels have been measured in the hypothalamus and hippocampus of control mice and mice treated with three compounds known for their activity on brain GABA levels.

INTRODUCTION

There is now considerable evidence that the  $\gamma$ -aminobutyric acid (GABA) system : GABA, glutamate decarboxylase (GAD) and GABA

oxoglutarate transaminase (GABA-T) is involved in the neuroendocrine regulation of the hypothalamo-pituitary axis. Administration of GABA to rats has been shown to cause release of growth hormone (GH) (1) while GABA inhibitors decrease GH secretion (2). There is an indication that TRH is similarly regulated, as basal plasma TSH levels in rats dropped following GABA injection (1). A number of other studies suggest that the GABA system may be involved in the release of other pituitary hormones including Luteinizing Hormone (LH) (3), Prolactin (PRL) (4) and Melanocyte Stimulating Hormone (MSH) (5).

Earlier studies in this laboratory have examined the role of the dopaminergic system in TRH regulation (6) and it is planned to extend this work to include the effect of GABA on TRH, since it has been shown that GABA may be involved in the release of GH and PRL (8). However, GABA and other amino acids cannot be directly measured by the method of HPLC and electrochemical detection developed in the laboratory (6).

Numerous methods have been reported for the determination of brain amino-acids but they all require derivatization of the amino group. The methods available include : gas chromatography and electron capture detection of acylated derivatives (9); spectrophotometric detection of ninhydrin derivatives (10) or dansyl derivatives (11); liquid scintillation spectrometry of dinitrophenyl derivatives (12); enzymatic conversion of the amino acid to fluorescent by-products (13-14) ; fluorescence detection of fluorescamine (15); dansyl (16), or o-phthalaldehyde (OPA) derivatives (17-26).

Roth (18) first reported the formation of a fluorescent S-substituted isoindole by the reaction of amines with OPA and  $\beta$ -mercaptoethanol ( $\beta$ -MCE) or ethylmercaptan (EMC). More recently, it has been shown that such compounds may undergo anodic oxidation (27). The present study was undertaken to determine the optimum conditions for the measurement of GABA by high performance liquid

chromatography and electrochemical detection (LCEC) of the S-substituted isoindole derivatives. This particular combination of derivation, separation and detection was chosen as derivative preparation is simple and the LCEC rapid and sensitive. The methods have been applied to the determination of GABA in two regions of the mouse brain (hypothalamus and hippocampus) in normal animals and mice treated with valproic acid (VPA), vinyl GABA (V-GABA) and aminoxyacetic acid (AOAA).

## MATERIALS AND METHODS

### 1. Chromatographic system

The HPLC system comprised a Waters 6000 A pump with a U6K injector, a Waters RCM Module radial compression system, a Waters Radial Pak A column (C8, 10 cm, 8 mm ID., 10  $\mu$ m particle size). The effluent was analysed with a Metrohm 641 electrochemical detector fitted with two vitreous carbon electrodes EA 286-1 and a Ag/AgCl reference electrode (EA 442). The potential used was 0.75 V and the sensitivity 10 nA. The detector output was recorded on a Kipp and Zonen recorder with a 1 V input.

### 2. Mobile Phase

The mobile phase was a mixture (2/3,v/v) of 0.1 M  $\text{KH}_2\text{PO}_4$  and methanol (HPLC grade). The solution was adjusted to an apparent pH of 5.5 with 1M  $\text{H}_3\text{PO}_4$  and was filtered through a 0.45  $\mu$ m Millipore filter before use.

### 3. Reagents

The derivatizing solution consisted of 27 mg o-phthalaldehyde (OPA)(Aldrich), 1 ml of absolute ethanol and 40  $\mu$ l of EMC (Aldrich) in 10 ml of 0.1 M sodium tetraborate. The 0.1 M sodium tetraborate was prepared by dissolving 0.78 g of boric acid in 100

ml of water and adjusting the pH to 9.17 with 5N NaOH. The working OPA-EMC solution, prepared fresh each week, was stored at 0°C. The GABA stock solution, 20.6 mg in methanol-water 50/50 was stored at 0°C for up to one month.

#### 4. Biological Sample Preparation

Male mice (26-30 g, 6 weeks old) were sacrificed by decapitation and the brains quickly removed. The hypothalamus and hippocampus regions were dissected out on ice and stored at -80°C until extraction. The samples were homogenized in an Ultra-Turrax with 1 ml of cold methanol and centrifuged at 8000 g and 4°C for 10 minutes. The protein content of the tissue pellets were measured by Lowry method (28).

#### 5. Derivatization

The initial studies to optimize GABA measurement were made on 150  $\mu$ l aliquots of GABA stock solution diluted to 10 ml in water (3.09 ng/  $\mu$ l). 100  $\mu$ l of the diluted solution were incubated for exactly 2 min at 25° with 100  $\mu$ l of the OPA-EMC solution. At the end of the 2 min., 10  $\mu$ l of the derivatization mixture were injected onto the HPLC.

Tissue samples and associated GABA standards were derivatized by incubating 50  $\mu$ l of supernatants or diluted GABA with 200  $\mu$ l OPA-EMC solution for 2 minutes as for the standard samples. At the end of the two minutes 10  $\mu$ l of the derivatization mixture were injected onto the HPLC column.

#### 6. Internal Standard

Standard samples included 2-amino butyric acid (2-ABA) (Janssen) as internal standard (20.6 mg/100 ml). However, 2-ABA was not enough resolved from contaminating peaks in the tissue

samples, so GABA itself was added to these samples and used as internal standard. Two 400  $\mu$ l aliquots of tissue supernatant were prepared. 100  $\mu$ l of methanol:water (50/50) was added to one aliquot and 100  $\mu$ l of 1/10 dilution of stock GABA solution was added to the other.

Derivatization was carried out by incubating (2 min.) 50  $\mu$ l GABA standard, 50  $\mu$ l supernatant without standard and 50  $\mu$ l GABA-supernatant with 200  $\mu$ l of OPA/EMC. 20  $\mu$ l aliquots of GABA standard, and supernatant preparations were analysed to give peaks  $H_1$  and  $H_2$  respectively. 10  $\mu$ l of GABA-supernatant preparation were analysed to give  $H_3$ . Relative recoveries were calculated from the expression  $(2H_3 - H_2)/H_1$ .

## 7. Drug Treatment

Mice were given the three drugs :

a- aminoxyacetic acid (AOAA) (hemihydrochloride, Sigma) dissolved in 0.9 % NaCl adjust to pH 6.5 with 2 N NaOH, was injected (i.p.) at 50 mg/kg, 3 hrs before sample removal.

b-  $\gamma$ -vinyl GABA (VGABA) (Merrel), dissolved as above, was injected at 800 mg/kg i.p. 4 h before sacrifice

c- sodium valproate (VPA) (Labaz), dissolved as above, was injected at 300 mg/kg i.p. 1 h before sacrifice.

Control mice were given saline 1ml/100 g. All manipulations were performed between 8 h and 13 h.

## RESULTS AND DISCUSSION

### 1. Optimization of GABA Measurement

It has been reported that breakdown of some OPA-aminoacid derivatives occurs rapidly even in the presence of a thiol

stabilizing agent (21-23,29-30). Changing the thiol brought no appreciable improvement in stability unless the bulky tert-butyl group was incorporated (31). Ethylmercaptan  $C_2H_5SH$  (EMC), which gives the same result as mercapto ethanol  $SHCH_2-CH_2OH$  (MCE) (32), was used in this study.

The stability of the OPA/EMC derivative was investigated by preparing a derivatization mixture and periodically monitoring the LCEC response. The detector response is a function of derivative formation and decreases at a rate of 7%/min for reaction times between 1 to 4 min (Fig. 1). A reaction time of exactly 2 min at 25°C was adopted as a compromise between sufficient time to prepare samples for injection and loss of detector response due to degradation.

The composition of the mobile phase was studied to obtain the best compromise between resolution and analysis time. The C8 Radialpack compressed column was used as C18 retention times were excessive. Increasing methanol content decreased the retention times of the GABA/OPA derivatives. 50% MeOH in 0.1 M  $KH_2PO_4$  (apparent pH 5.5) give the best separation of GABA from other aminoacids (AA) (Fig. 2). GABA had the longest retention time (29 min) and was eluted last. 60% MeOH was used as the organic modifier when GABA was determined alone (standards) and the retention time was reduced to 11 min. There were no derivatives following the GABA peak in mouse brain samples and then the total analysis time was approximately 12 min. A chromatogram of the GABA standard is shown in Figure 3.

A good linear relationship existed between GABA concentration and the peak height over the range 0.2 to 25 ng when the reaction time 2 min was carefully controlled. The detection limit was 0.2 ng (signal: noise = 2.5/1). This limit is far below the quantity of GABA present in the regions of mouse brain examined.

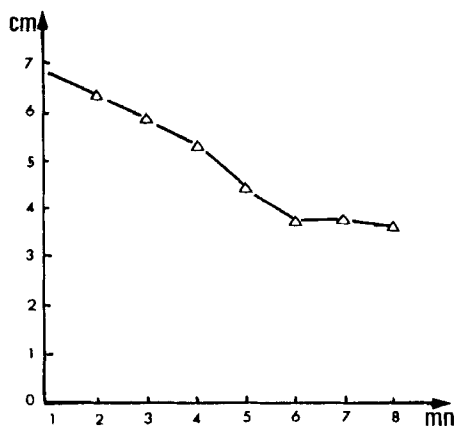


FIGURE 1 : Effect of derivatizing time on GABA peak height  
 Column: Microbondapack C8 10  $\mu$ ; Mobile phase : 0.1 M  $\text{KH}_2\text{PO}_4$ ,  
 60 % methanol, pH 5.5 ; flow rate 1.5 ml/min ; sensitivity 10 nA ;  
 detector potential 0.7 V.

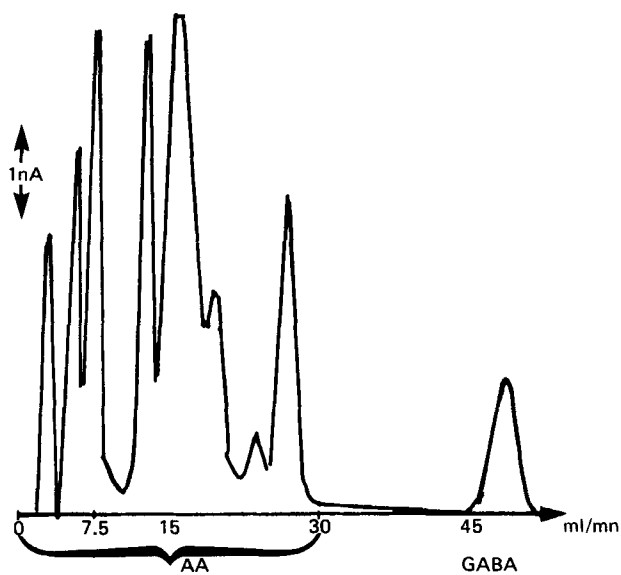


FIGURE 2 : Chromatogram of mouse brain tissue extracts.  
 Column Microbondapack C8 10  $\mu$ ; Mobile phase : 0.1 M  $\text{KH}_2\text{PO}_4$   
 (pH 5.5), 50 % methanol ; flow rate 1.5 ml/min ; sensitivity 10 nA ;  
 detector potential 0.7 V.



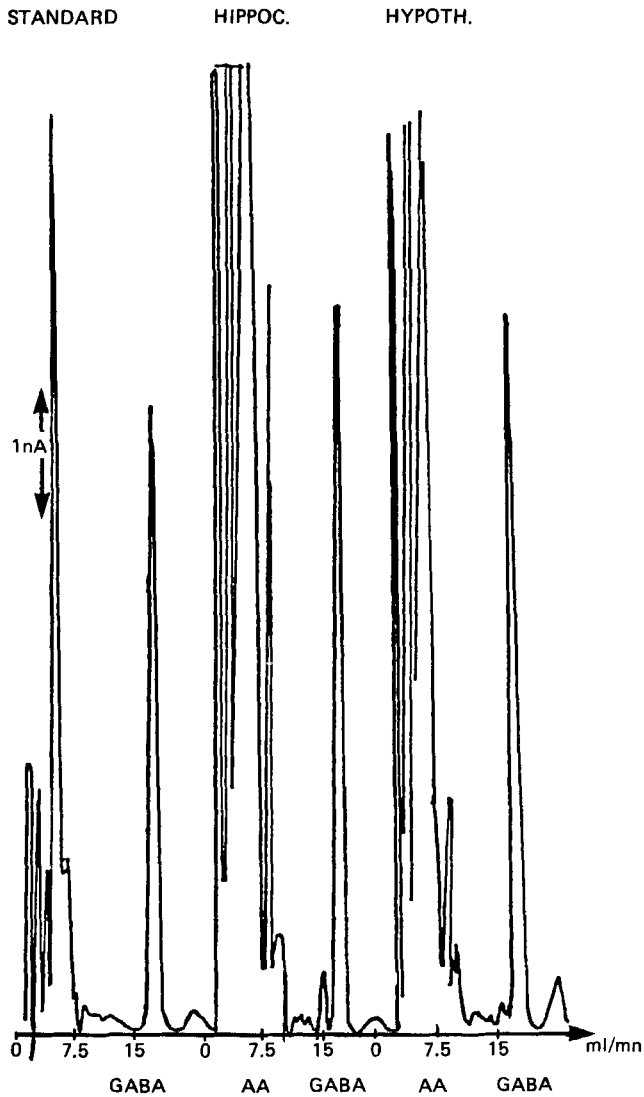


FIGURE 3 : Chromatogram of a standard and of mouse hippocampus and hypothalamus.  
 Column Microbondapack C8 10  $\mu$ ; Mobile phase : 0.1 M  $\text{KH}_2\text{PO}_4$ ;  
 60 % methanol ; pH 5.5 ; flow rate 1.5 ml/min; sensitivity 10 nA ;  
 detector potential 0.7 V ; Injection volume 10  $\mu$ l.

## 2. Recovery and Internal Standard

The 2-ABA peak is eluted with a short retention time in the chromatographic system used. This peak is buried in the mass of other amino acid derivatives when it is included in tissue samples and, thus, is unsuitable for use as an internal standard. The system employing exogenous GABA was therefore adopted for internal standardization (see methods). The relative recoveries of GABA were as follows :

$100.18 \pm 5.9$  % for hypothalamus (n = 10)

$100.10 \pm 2.79$  % for hippocampus (n = 10).

## 3. GABA Content of Mouse Hypothalamus and Hippocampus

The measurement of tissue GABA levels is complicated by the fact that GABA rapidly increases when an animal dies. The GABA levels of microwave treated brains are equivalent to those determined after decapitation into liquid nitrogen, but the GABA levels of brains obtained by decapitation and dissection at 20°C are 18 per cent higher (31). In the present study the mice were decapitated and hypothalami and hippocampi rapidly dissected out on ice, and immediately frozen on dry ice.

Lasley et al. (32) used 10 volumes of cold methanol to extract GABA from rat substantia nigra but no work has been done on GABA extraction from mouse hypothalamus and hippocampus. In this study, each hypothalamus or hippocampus was extracted with 1 ml cold MeOH. As 50  $\mu$ l of this methanolic extract was reacted with 200  $\mu$ l of OPA/EMC, 20  $\mu$ l of the reaction mixture contained 15-25 ng of GABA, which is within the range of standards used.

The GABA content of the hypothalami and hippocampi of control mice is shown in Table 1 and fig.4. There are few values in the literature with which compare them. Van der Heyden and Korf

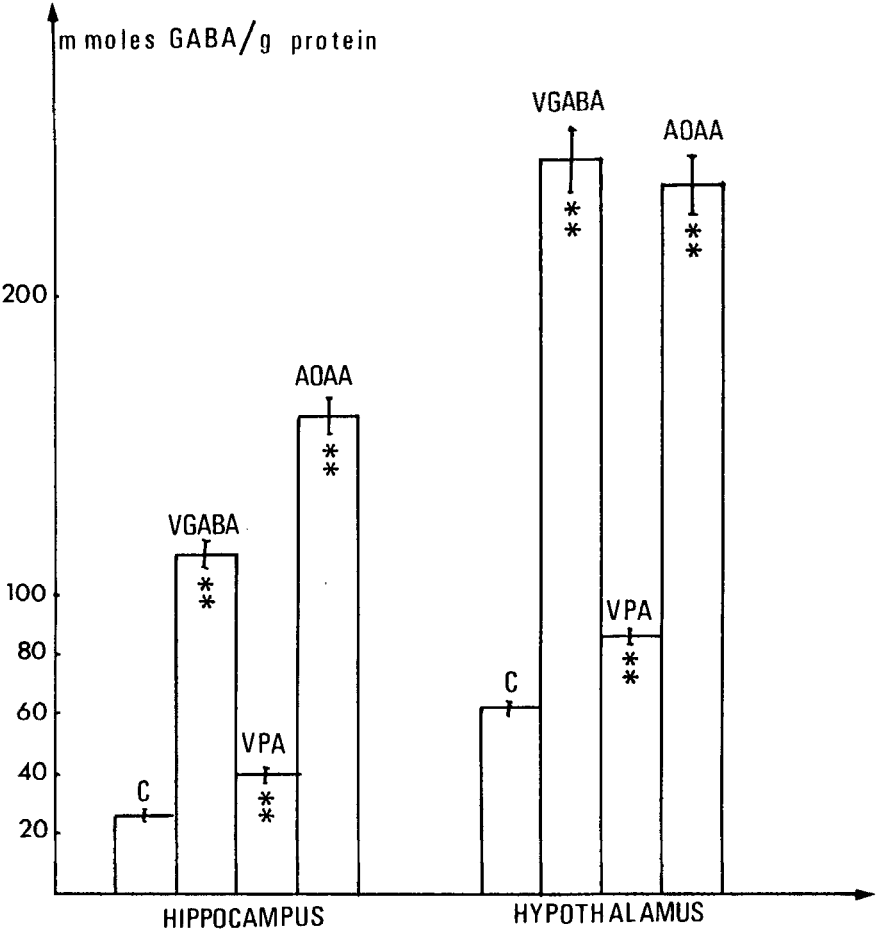


FIGURE 4 : Variation of GABA under the influence of a treatment.  
C : Control.  
VGABA :  $\gamma$ -vinyl GABA 800 mg/kg ip.  
VPA : Sodium valproate 300 mg/kg ip.  
AOAA : Aminoxyacetic acid hemihydrochloride 50 mg/kg ip.

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TABLE 1  
 Mouse Brain GABA Content  
 Hippocampus                      Hypothalamus  
 mmole/g protein                      mmole/g protein

	n	Hippocampus			Hypothalamus		
		mmole/g	protein	$\Delta$ %	mmole/g	protein	$\Delta$ %
Control	23	26.05	0.71		62.84	1.69	
Treatment							
VGABA	14	114.13	4.32	338 %	245.65	13.96	291 %
VPA	15	38.67	1.68	48 %	85.46	2.61	36 %
AOAA	15	158.56	7.5	509 %	237.8	9.7	278 %

(18) reported 2.05 mol/g wet tissue in the mouse hippocampus and we found 26.05 mol/g protein. These values are in the same range as there is around 1 g protein/10 g wet tissue. Smiler et al. (33) studied other regions of the brain and Gabellec et al. (34) worked on special hybrid mice. The adoption of the internal GABA standard system appears to be justified from the reproducibility obtained. The coefficient of variation for the mean GABA content are in the acceptable range of 3 % in this study, despite the instability of GABA derivatives.

#### 4. Variations in cerebral GABA Content in Drug-treated mice.

The GABA accumulation produced by VPA was small compared to the 3 to 5-fold increases induced by the other inhibitors of GABA metabolism, AOAA and VGABA. For these two, the increase was much greater in the hippocampus than in the hypothalamus. The results are listed in table 1 and shown on Figure 4.

This study describes the optimization of methodology for LCEC determination of OPA-AA derivatives for the measurement of GABA in

mouse hypothalamus and hippocampus. Application of the method is illustrated by the determination of GABA levels after administration of three drugs which block GABA catabolism.

#### ADDRESSES CHANGE

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